

# VALERIE JONES

## Profilo

Attualmente è la direttrice del Sheffield Shoulder and Elbow unit, con un'estesa esperienza lavorando a fianco di colleghi consulenti in cliniche traumatologiche ed elettive oltre a fornire input terapeutici ai pazienti con disturbi complessi della spalla e del gomito. Attivamente coinvolta nella ricerca, nell'insegnamento e nell'implementazione della best practice nei servizi terapeutici di Sheffield.

## Occupazioni

Fisioterapista dell'arto superiore, Sheffield Shoulder and Elbow unit – Sep 2001 – oggi  
[Extended Scope physiotherapist](#), Doncaster Royal Infirmary 1995 – 2001  
Fisioterapista senior, St James University Hospital, Leeds 1993-1995  
Fisioterapista senior, Ilkeston Community Hospital 1992-1993  
[Rotational Physiotherapist](#), Chesterfield Royal Hospital 1990- 1992

## Istruzione e qualifiche

[Diploma Post-graduate](#) in fisioterapia, Salford School of Physiotherapy 1990  
Diploma in orthopaedic medicine 1994  
Diploma in injection therapy 1998  
MSc in Pain management University of Wales College of Medicine 2002

## Pubblicazioni

Bateman, M., Evans, J. P., Vuvan, V., Jones, V., Watts, A. C., Phadnis, J., ... & Vicenzino, B. (2021). Protocol for the development of a core outcome set for lateral elbow tendinopathy (COS-LET). *Trials*, 22(1), 1-8.

Gandhi, M. J., Eyre-Brook, A. I., Gopinath, P., Jones, V., Booker, S. J., Thyagarajan, D. S., & Ali, A. A. (2021). Reliability analysis of radiologic and intraoperative loosening in total elbow arthroplasty. *Journal of Shoulder and Elbow Surgery*.

Watts, A., Funk, L., Hayton, M., Ng, C. Y., & Walton, M. (Eds.). (2021). *Sports Injuries of the Elbow*. Springer International Publishing. Rehabilitation chapter

Eyre-Brook, A. I., Gandhi, M. J., Gopinath, P., Jones, V., Williams, E., Townsend, R., ... & Ali, A. A. (2021). Revision total elbow arthroplasty: Is it safe to perform a single-stage revision for presumed aseptic loosening based on clinical assessment, normal inflammatory markers, and a negative aspiration?. *Journal of Shoulder and Elbow Surgery*, 30(1), 140-145.

Littlewood, C., Bateman, M., Connor, C., Gibson, J., Horsley, I., Jaggi, A., Jones, V., Meakins, A. and Scott, M., 2019. Physiotherapists' recommendations for examination and treatment of rotator cuff related shoulder pain: A consensus exercise. *Physiotherapy Practice and Research*, 40(2), pp.87-94.

Hay S, Kulkarni R, Watts A, Stanley D, Trail I, Van Rensburg L, Little C, Samdanis V, Jenkins P, Eames M, Phadnis J. The Provision of Primary and Revision Elbow Replacement Surgery in the NHS. *Shoulder & elbow*. 2018 Oct;10(2\_suppl):S5-12.

Rehabilitation of the Elbow in *Elbow and Sport* Springer 2016 eds Luigi Adriano Pederzini, Denise Eygendaal, Matteo Denti

Specific aspects of throwing sports in recreational and competitive sports in *Prevention of injuries and overuse in sports* Springer 2015 edited by Hermann O. Mayr, Stefano Zaffagnini

Jones V (2016) Conservative management of the post-traumatic stiff elbow: a physiotherapist's perspective *Shoulder and Elbow* doi:10.1177/1758573216633065

Jones, V. (2009), Physiotherapy in the management of tennis elbow: a review. *Shoulder & Elbow*, 1: 108–113. doi: 10.1111/j.1758-5740.2009.00023

Numerose presentazioni a livello nazionale ed internazionale incluse presentazioni al EUSSER e al ICSES.

### **Progetti di ricerca in cui è attualmente coinvolta**

[Co-investigatore](#) per PROximal Fracture of the Humerus: Evaluation by Randomisation Trial no. 2 (PROFHER-2 Trial): studio randomizzato controllato per valutare l'efficacia dell'artroplastica inversa della spalla rispetto all'emiartroplastica rispetto all'assistenza non chirurgica per le fratture acute in tre o quattro frammenti dell'omero prossimale in pazienti di età superiore ai 65 anni.

[Co-investigatore](#) principale al Sheffield Teaching Hospital per Artisan Trial Acute Rehabilitation following Traumatic anterior shoulder dISlocAtioN (ARTISAN): A Multi Centre Randomised Controlled Trial.

Co-investigatore for - PROximal Fracture of the Humerus: Evaluation by Randomisation Trial no. 2 (PROFHER-2 Trial): A three-arm randomised controlled trial to assess the effectiveness and cost-effectiveness of reverse shoulder arthroplasty versus hemiarthroplasty versus non-surgical care for acute three and four-part fractures of the proximal humerus in patients over 65 years of age.

Co-Principal investigator at Sheffield Teaching Hospital for the Artisan Trial Acute Rehabilitation following Traumatic anterior shoulder dISlocAtioN (ARTISAN): A Multi Centre Randomised Controlled Trial-

### **Premi ed onorificenze**

Copeland Fellow – 2016 – Città del Capo, Sud Africa

AHP presentation prize BESS meeting - Leeds, Regno Unito 2019

AHP presentation prize BESS meeting - Leicester, Regno Unito 2013

Ian Kelly prize - prize for 2<sup>nd</sup> placed paper BESS meeting - Torquay, Regno Unito 2012

AHP presentation prize BESS meeting Telford, Regno Unito 2007

Borsa di studio BESS AHP 2003

Borsa di studio per viaggiare in Australia per visitare centri chiave ad Adelaide e Melbourne che trattano l'instabilità atraumatica della spalla – 1995

Copeland Fellow – 2016 – Cape Town, South Africa

**AHP presentation prize BESS meeting Leeds 2019**

**AHP presentation prize BESS meeting Leicester 2013**

Ian Kelly prize - prize for 2<sup>nd</sup> placed paper BESS meeting Torquay 2012

AHP presentation prize BESS meeting Telford 2007

BESS AHP travelling fellowship 2003

Travelling scholarship to South Australia to visit key centers in Adelaide and Melbourne treating atraumatic shoulder instability - 1995